

Social work practice with carers

Presenters

Date



Agenda

9.30	Arrival and registration
10.00	Introduction and aims
10.15	Why do we need to strengthen social work practice with carers? Barriers and enablers to change
11.15	Break
11.30	Introduction to the DH resources
12.45	Lunch
13.15	Introducing the case study modules
14.45	Break
15.00	Reflection, planning, evaluation, feedback
16.00	Close

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Workshop objectives



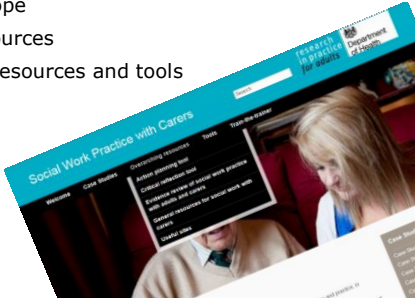
After attending this training programme, participants will be able to:

- › Outline why we need to strengthen social work practice in work with carers
- › Describe the strengths, barriers and enablers to improving social work practice with carers
- › Use the case study modules
- › Identify how you would use the case study modules, and the tools within them, in your social work practice with carers
- › Create a plan of how you will deliver what you have learned

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The resources – brief overview

- > Evidence scope
- > General resources
- > Case study resources and tools
- > Website



Carers film clip



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- > Motivation
- > Perceived utility
- > Personality
- > Learner readiness



- > Needs analysis
- > Content relevance
- > Discuss transfer
- > Practice & feedback
- > Case studies
- > Transfer distance
- > Self management
- > Learning goals
- > Follow up



- > Support (Manager)
- > Support (Colleagues)
- > Opportunity to use
- > Strategic link
- > Follow up/ evaluation
- > Feedback

(Baldwin and Ford, 1988; Burke and Hutchins, 2007; Pike 2012)

Introductions

- > Name
- > Organisation
- > Role
- > What motivating factor brought you here today?



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Why do we need to strengthen social work practice with carers?

The Care Act sets out parity of esteem for carers

- > Duty to assess
- > Right to support
- > Promoting wellbeing



Capabilities for social workers

- > Professional capabilities framework:
 - Domains
 - Levels
- > Knowledge and skills statement:
 - What social workers should know and do at the end of their Assessed and Supported Year in Employment (ASYE)
 - Includes statements about practice with carers



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Why do we need to strengthen social work practice with carers?

- › Review of the literature on social work with adults and carers
 - Academic literature
 - Government policy
 - Examples of good practice
- › From last 5 years
- › Focus on social work
- › Limited evidence of effectiveness, but useful considerations.



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Key messages

- › Social workers need to develop knowledge about the needs and experiences of carers
- › There are a lot of materials that would be useful to social workers



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Key messages



- › Social workers need to know about local resources
- › Carers should be treated as expert partners
- › Social workers need to work across families where there may be complexity and conflict

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Key messages

- > Transitions are crucial times and services need to work together
- > Social workers can be coordinators
- > Poor coordination impacts on carers
- > The social work role is not well enough recognised



Key messages

- > Carers can support social workers' learning and development
- > The dual role of social workers who are carers needs to be recognised
- > Relationship-based practice needs to be developed with carers



Barriers and enablers to improving social work practice with carers

- > Split into teams of 5-6 people. 10 mins to identify barriers and enablers
- > As a group decide on your **top two** barriers and **top two** enablers and prepare to feedback to the whole group.

Workbook – page 5

Barriers and enablers to improving social work practice with carers

- › Gather feedback from small groups
- › Group discussion of participants' knowledge and skills to maximise enablers



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Break



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Introducing the resources



Looking at the resources

- › Critical Reflection Tool
- › Action Planning Tool
- › Top Tips for Practice



Useful resources

- › In your small group read the **critical reflection tool**, the **action planning** and **top tips tools**.
- › Pull out key points from the resources and think about how the tool could be used to embed your learning from today's training – training transfer (15 mins)
- › Be prepared to feedback learning points on how the tools could be used in practice

**Workbook
page 6**

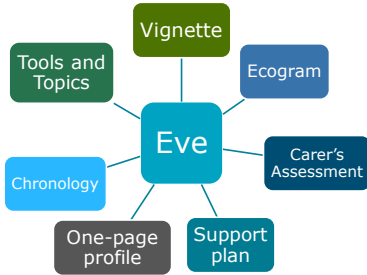
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Lunch



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Introducing the case study materials



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Getting to know the case study materials – small group exercise



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Break



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Critical reflection

› Page 7 of the workbook



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Action planning

› Page 8 of the workbook



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Further reading

- › <http://carers.ripfa.org.uk/>
- Key issue: Balancing need: the relationship between carers assessment and needs assessment
- Practice tool: Working together with carers
- Carers' guide: working together with adult social care
- Leaders' Briefing: Safeguarding in light of the Care Act



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Evaluation forms

- › Please complete your evaluation form



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