Case study three: One page profile

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What others like and admire about me
It depends on their politics! I am a human rights activist, a peace campaigner and environmentalist. My friends admire the strength of my life-long commitment to socialist principles.

What is important to me
> Socialist feminism
> Cinematography
> Being outdoors
> Walks and good food

How best to support me
> Don’t make assumptions about me.
> Read the notes before meetings or discussions so that I don’t have to repeat information.
> Give me information and advice on how to find and finance the best possible care for my partner.
> We need open-minded communities. Be aware and sensitive to us as a lesbian couple.
> Recognise that I am still a carer even though Grace is in a care home.
> Help me to carry on caring for Grace and to manage the impact for Grace and her family of her being in a care home.
> Support me to understand the implications for our home, finances and future decisions as we are not civil partners or married.