



Case study five:

Tool 1 - Involving parents of people with a learning disability

This tool sets out a parent's view of their sons growing up. You can use it to reflect on how you respect the thoughts and feelings of parents who care for their children as they grow up and grow older.

Respect the thoughts and feelings of me as a parent, I really want my sons to move on and have a great life as independent as possible, but I have spent all their life so far caring for them and protecting them and that next step is a huge step!

Remember in your eyes and the law according to the *Care Act 2014* and the *Children and Families Act 2014* when my son reached 18 he was an adult, but nothing has changed on a day to day basis, he still wakes me up at 5am demanding to know what the day will bring!

Plan with us as a family ensure we are part of all the conversations, we are pretty resilient - we will have good ideas of our own.'

Please think outside the box and help us find activities and experiences for our sons that to other young people without additional support needs are pretty ordinary. Our sons should be able to access all activities that other young people do, they just may need a little support to enable this to happen, this is where we need your help.

It's not rocket science! - we want for our sons what everyone else would want for their sons and daughters we want them to be happy and to lead a fulfilled life - we don't want extraordinary we just want ordinary!'

How will I work with people with learning disabilities alongside their parents to enable them to 'have a great life?'