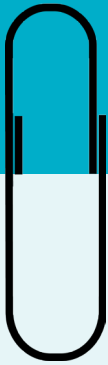


## Case study one: Support Plan

### About me

<b>Name</b>	Eve Davies		
<b>Address</b>	1 Fir Avenue, Moreton, ZZ1 Z11		
<b>Telephone</b>	012345 123456		
<b>Email</b>	<a href="mailto:eve.davies@parkcollege.ac.uk">eve.davies@parkcollege.ac.uk</a>		
<b>Gender</b>	Female		
<b>Date of birth</b>	15.2.1974	<b>Age</b>	42
<b>Ethnicity</b>	White British		
<b>First language</b>	English		
<b>Religion</b>	None		
<b>GP</b>	Dr Tailor, Parkside Surgery		

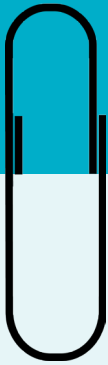


## Case study one: Support Plan continued

### About the person/ people I care for

<b>My relationship to this person</b>	Daughter	
<b>Name</b>	Geoff Davies	
<b>Address</b>	1 Pine Avenue, Moreton, ZZ1 Z22	
<b>Telephone</b>	012345 234567	
<b>Email</b>		
<b>Gender</b>	Male	
<b>Date of birth</b>	8.1.1943	<b>Age</b> 73
<b>Ethnicity</b>	White British	
<b>First language</b>	English	
<b>Religion</b>	Baptised C of E	
<b>GP</b>	Dr Taylor, Parkside Surgery	

<b>My relationship to this person</b>	Mother	
<b>Name</b>	Matt Sanderson	
<b>Address</b>	1 Pine Avenue, Moreton, ZZ1 Z22	
<b>Telephone</b>	012345 234567	
<b>Email</b>		
<b>Gender</b>	Male	
<b>Date of birth</b>	26.7.1998	<b>Age</b> 17
<b>Ethnicity</b>	White British	
<b>First language</b>	English	
<b>Religion</b>	None	
<b>GP</b>	Dr Taylor, Parkside Surgery	



## Case study one: Support Plan continued

### Support plan completed by

Name.....

Role.....

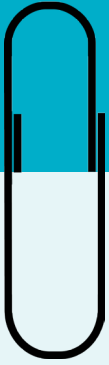
Organisation.....

### Support plan

Needs	Outcomes	Actions
<i>To know that my Dad has the support that he needs</i>	<i>Mr Davies takes correct medication Mr Davies eats enough to stay well Mr Davies has support to manage meals and personal care</i>	<i>Talk to Mr Davies about increasing his support around meals Talk to Mr Davies about installing assistive technology – reminder for meals and tasks</i>
<i>To know that my Dad has plans in place for future needs</i>	<i>Everyone knows what to do if there is a crisis A plan is in place for future care for Mr Davies</i>	<i>Hold a family group conference to talk about contingency plans and plans for the future</i>
<i>To be able to do my job well and enjoy it</i>	<i>Work hours increased Not interrupted at work as much</i>	<i>Care workers to manage the service without calling on Eve by reporting to one supervisor who will deal with questions or concerns</i>
<i>To have more time with my children and for myself</i>	<i>Has dinner with the children three nights a week See friends once a month Goes to choir once a fortnight</i>	<i>Direct payment for neighbour to do cleaning and laundry for Eve Talk to Mr Davies about building links with former colleagues and community groups with a view to future breaks for Eve</i>
<i>To have someone to talk to about caring</i>	<i>Feels more supported</i>	<i>Keep using the online forum Provide information about the carers' helpline</i>
<i>To be able to support Joanne properly</i>	<i>Joanne is attending school and doing well</i>	<i>Eve to talk to school about family situation Arrange for Joanne to talk to young carer's group if she wants to</i>
<i>To be able to advise Matt about how to manage his illness</i>	<i>Matt not going to hospital as often</i>	<i>Contact the practice nurse to talk to Matt about expert patient programme and Chron's support group</i>
<i>To stay healthy</i>	<i>Having enough sleep Not waking up stressed</i>	<i>GP is now aware that Eve is a carer and this is flagged on her notes Go swimming once a week</i>

**Date of support plan:** 15 February 2016

**This plan will be reviewed on:** 15 February 2017



## Case study one: Support Plan continued

### Signing this form

Please ensure you read the statement below in bold, then sign and date the form.

**I understand that completing this form will lead to a computer record being made which will be treated confidentially. The council will hold this information for the purpose of providing information, advice and support to meet my needs. To be able to do this the information may be shared with relevant NHS Agencies and providers of carers' services. This will also help reduce the number of times I am asked for the same information.**

**If I have given details about someone else, I will make sure that they know about this.**

**I understand that the information I provide on this form will only be shared as allowed by the Data Protection Act.**

Name.....

Signature.....

*Eve has given consent to share this support plan with Mr Davies. This support plan will link into his assessment.*