



Case study one: Vignette

Name: Eve Davies

Gender: Female

Age: 42

Ethnicity: White British

First language: English

Religion: None

Eve lives in a town. She has two children, a son, Matt, who is 17 and has Crohn's disease, and a daughter, Joanne, who is 15. Eve's mother died four years ago, and her father, Geoff, lives close by. Geoff has early stage vascular dementia and numerous health problems relating to a heart attack he had two years ago. Eve works part time in an administration role at a local college. She has lost contact with her friends and lost touch with her hobbies (swimming and singing in a choir) because she has prioritised her family.

Matt is at college studying for his A levels. He is frustrated that his illness is interfering with all aspects of his life. Joanne is becoming more withdrawn and resentful as an increasing amount of Eve's time is taken up with other family members. Geoff has started to neglect himself at home, and is finding it more difficult to carry out daily tasks. Following a social care assessment, he has a befriending service stop by every week and a homecare team each morning to check he's ok and supervise his medication, which

Eve sets up for them. The care agency have reported that there's a possibility Geoff has been accessing his medication and taking it. Geoff remains adamant that he is fine, and with Eve's support he can manage. Eve is feeling stressed and isolated. She wants to increase her working hours for financial reasons, but is unable to as she needs to be available for Geoff. Eve is having problems with sleeping and feels generally run down, and recently has been suffering from stomach pain and nausea. She says that she feels 'withdrawn from normal life.' She tried attending a carers' group but found that listening to other carers' problems highlighted her own. Instead, she sometimes uses an online forum at night when everyone else is asleep.

Eve was recently referred by her GP for a carer's assessment. You have been out to see her twice and talked to her children. You have completed the assessment and support plan with her.