



Case study two: Chronology

Name: Josef Mazur

Gender: Male

Age: 16

Ethnicity: White European

First language: English/Polish

Religion: Roman Catholic

Date chronology completed: 7 March 2016

Date shared with person: 7 March 2016

Date	Life Event	Outcome and/or response
1997	Josef's mother and father moved to England from Poznan.	Both worked at the warehouse – Father still works there.
11.11.1999	Josef born.	Mother worked for some of the time that Josef was young.
2006	Josef reports that his mother and father started arguing about this time because of money and Josef's mother not looking after household tasks.	Josef started doing household tasks e.g. cleaning, washing and ironing.
2008	Josef reports that his mother didn't get out of bed for a few months.	Josef managed the household during this period.
October 2008	Josef reports that his mother spent lots of money in catalogues and didn't sleep. She was admitted to hospital.	Mother was in hospital for 6 weeks and was diagnosed with bipolar disorder. Josef began looking after his mother's medication and says that he started to 'keep an eye on her.'

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Case study two: Chronology continued

Date	Life Event	Outcome and/or response
May 2010	Josef's father moved out to live with his friend Kat. Josef stayed with his mother.	Josef reports that his mother was 'really sad for a while and then she went round and shouted at them.' Mother started on different medication and had regular visits from the Community Psychiatric Nurse. Josef said that the CPN told him about his mum's illness and to let him know if he needed any help but he was managing ok. Josef saw his father every week for a few years and then it was more like every month. Father does not visit Josef or speak to his mother.
2013/14	Josef reports that his mother got into a lot of debt and they had eviction letters.	Josef's father paid some of the bills and his mother was referred by the Community Mental Health Team for advice from CAB and started getting benefits. Josef started doing the correspondence.
2015	Josef left school and went to college.	Josef got an A (art), 4 Cs and 3 Ds GCSE. He says that he 'would have done better but I didn't do much work.'
26 Feb 2016	Josef got a letter from his tutor at college saying he had to go to a formal review about attendance.	Josef saw information on-line about having a parent with a mental health problem and asked for some information.
2 March 2016	Phone call from young carer's team to Josef.	Josef agreed to come in for an assessment.
4 Mar 2016	Social worker meets with Josef.	Carer's assessment and support plan completed.
7 Mar 2016	Paperwork completed.	Sent to Josef.