

Social Work Practice with Carers

One day Workshop Programme

The Department of Health has commissioned Research in Practice for Adults to develop tools and resources to support social work practice with carers:

<http://carers.ripfa.org.uk/>

The resources have been co-produced with carers from Carers UK and the Carers Trust and case studies drawn from real experience with the overall aim of developing social work practice with carers.

This programme is designed to provide **trainers**, for example PSWs, Carer's Leads or Workforce Development Leads who have **existing skills** in training, with an outline programme to deliver one day workshops on the creative use of the materials to support social care practitioners' front line work with carers.

Audience

The workshops will provide participants with the tools they need to go back to their local area and use the resources to support direct practice with carers.

Programme aim

After attending this training programme, participants will be able to use the website developed by Ripfa in collaboration with carers to support good quality social work and social care practice with carers.

Learning outcomes:

After attending this training programme, you will be able to:

- > Outline why we need to strengthen social work practice in work with carers
- > Describe the strengths, barriers and enablers to improving social work practice with carers
- > Use the case study modules
- > Identify how you would use the case study modules, and the tools within them, in your social work practice with carers
- > Create a plan of how you will deliver what you have learned

Agenda

9.30	Arrival, registration and coffee
10.00	Introduction to the day – aims and objectives and overview of the project
10:15	Why do we need to strengthen social work practice with carers? (Presentation of the legal context and group discussion)
10.30	Show video of carers – What would you like social work practice with carers to look like? Website homepage https://vimeo.com/162969444?lite=1
10:40	Consider the strengths, barriers and enablers to improving social work practice with carers (Small group exercise that supports those you are training to identify their professional development needs when working with carers – their barriers and enablers to practice)
11.15	Break
11:30	Introduction to the Department for Health social work practice with carers resources (Presentation: Four homepage links; 'Overarching resources')
11.50	Group exercise: Familiarising yourself with the resources to support your own CPD (Small group exercise using the critical reflection and action planning tool to support training transfer)
12:15	Introducing the case study modules (Presentation – outline of the five case studies, person-centred tools, topics, tools to support social work practice with carers)
12:45	Lunch
13:30	Group exercise: Getting to know the case study modules (Small group exercises using one or more of the case studies, or five groups using one case study each group)
14.30	Feedback from small groups
15:00	Break

15:15	Reflection and action planning
15:50	Evaluation and feedback and final questions
16.00	Close