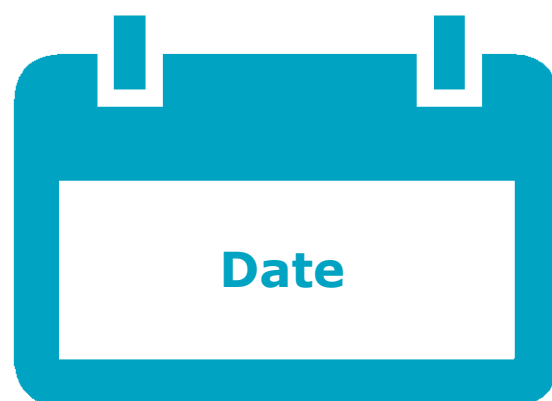


research
in practice
for adults



Social work practice with carers



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2. Introduction

The Department of Health has commissioned Research in Practice for Adults to develop tools and resources to support social work practice with carers:

<http://carers.ripfa.org.uk/>

The resources have been co-produced with carers from Carers UK and Carers Trust, and case studies drawn from real experience with the overall aim of developing social work practice with carers.

Programme aim

After attending this training programme, participants will be able to use the website developed by Ripfa in collaboration with carers to support good quality social work and social care practice with carers.

Learning outcomes:

After attending this training programme, you will be able to:

- > Outline why we need to strengthen social work practice in work with carers
- > Describe the strengths, barriers and enablers to improving social work practice with carers
- > Use the case study modules
- > Identify how you would use the case study modules, and the tools within them, in your social work practice with carers
- > Create a plan of how you will deliver what you have learned

Agenda

9.30	Arrival, registration and coffee
10.00	Introduction to the day – aims and objectives and overview of the project
10:15	Why do we need to strengthen social work practice with carers?
10:30	Considering the strengths barriers and enablers to improving social work practice with carers
11.15	Break
11:30	Introduction to the DH social work practice with carers resources
11.50	Group exercise: Familiarising yourself with the resources to support your own CPD
12:15	Introducing the case study modules
12:45	Lunch
13:30	Group exercise: Getting to know the case study modules
14.30	Feedback from small groups
15:00	Break
15:15	Final questions Planning and reflection Next steps Evaluation and feedback
16.00	Close

3. Strengths, barriers and enablers to improving social work practice with carers

Considering the messages you have heard this morning and the context you are working in locally, spend 10 minutes identifying barriers and enablers to improving social work practice with carers.

What are the top two enablers?

What are the top two barriers?

What implications do these barriers and enablers have for your own professional development in working with carers?

4. Looking at the resources

In small groups (eg. team-based): read the **critical reflection tool**, the **action planning** and **top tips tools**. Pull out key points from the resources (bullet points) and think about how the tool could be used to embed your learning from today's training – training transfer (bullet points) (15 mins)

Be prepared to feedback learning points on how the tools could be used in practice

Resource	Key points	How could the tool be used in practice?



5. Reflection point

An area of knowledge I have been particularly struck by is:

I can use this knowledge in the following areas:

An area I would like to improve my skills/knowledge on is:

I will be able to use this in the following areas of my work:

6. Action plan

What will I do?	What support/information will I need?	How will I measure progress and success?	When?



7. References and further reading

All of the Carers materials are available to download at no cost from:

<http://carers.ripfa.org.uk/>

Within the site, you will find:

General resources for social work with carers

<http://carers.ripfa.org.uk/overarching-resources/general-resources-for-social-work-with-carers/>

Useful sites:

<http://carers.ripfa.org.uk/overarching-resources/useful-sites/>

You can also download a number of open access RiPFA publications:

- Key issue: Balancing need: the relationship between carers assessment and needs assessment
- Practice tool: Working together with carers
- Carers' guide: working together with adult social care
- Leaders' Briefing: Safeguarding in light of the Care Act

Create an online account - for Ripfa Partners

You can access our learning resources by creating an online account at:

<https://www.ripfa.org.uk/login/create-account/>

With an account you can:

- > Download resources
- > Book places at webinars and workshops
- > Subscribe to RPU/bulletins

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